

Start your journey toward a future without cataracts.

Alcon

TAKE CONTROL OF YOUR VISION UNDERSTANDING EYE CONDITIONS

FACTS ABOUT CATARACTS

Cataracts are a buildup of proteins within the lens of the eye. They develop gradually as our eyes get older, and 9 in 10 Americans have cataracts by the time they're 65.1 Over 25 million Americans currently have cataracts,² and over 4.2 million cataract surgeries are done every year.³

If you have cataracts, you may have noticed⁴:

- Clouded, blurred, or dim vision
- Reduced quality of night vision
- Light sensitivity
- Difficulty reading
- Frequent changing of glasses prescription
- Fading of colors
- Double vision in a single eye

UNDERSTANDING ASTIGMATISM

Astigmatism is a common defect in the shape of a cornea that blurs vision and distorts light before it reaches the lens of the eye. If you have astigmatism but don't get it corrected during cataract surgery, you may still need to wear glasses after the procedure.

CLARIFYING PRESBYOPIA

Presbyopia causes you to lose the ability to focus on nearby objects. It's the gradual stiffening of the lens of your eye, which is often still able to focus on distant objects but cannot flex properly for sharp, close-up vision.

GET CLEAR ABOUT CATARACTS

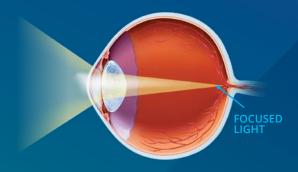
Cataract surgery is one of the safest, most common, and most effective procedures performed today.⁴ It's an opportunity to correct cataracts as well as other eye conditions, like astigmatism and presbyopia. And the procedure can have a transformative impact on your vision, which may affect many other areas of your health and your happiness.⁵

CATARACT SURGERY AT A GLANCE



CATARACT REMOVAL
Through a
tiny incision,
the surgeon
removes your
clouded lens.

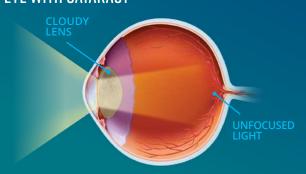
HEALTHY EYE





The surgeon replaces your original lens with a new, artificial lens.

EYE WITH CATARACT



VS



VISION RENEWEDWith a new

lens, you'll be free from cataracts.



CATARACT SURGERY: WHAT TO EXPECT



GET READY: Before Surgery

Your vision symptoms will be assessed during an eye exam to diagnose cataracts and your doctor will conduct tests to evaluate your IOL options.



GET SET: Day of Surgery

The procedure requires a topical anesthetic with a tiny incision. You will recover at home the same day.



SEE: Life After Cataract Surgery

After your procedure, you will discover renewed clarity in your vision. Life without cataracts is yours to explore.

1-2 DAYS After Surgery

You'll have a follow-up appointment the first or second day after surgery, and you may find you have good vision within a few days of surgery. You may notice some glare with bright lights or halos around lights at night. These will become less noticeable over time.6

1-3 WEEKS After Surgery

Once your vision has stabilized, you may be able to more easily enjoy activities like reading, ordering from menus, and doing your makeup or shaving without having to reach for your glasses all the time.

1YEAR After Surgery

Your vision shouldn't change at this point, but you should visit your eye doctor at least once every 2 years if you are under 65. Schedule a visit at least annually if you are 65 and over, or if you notice any changes in your vision.7

KNOW YOUR OPTIONS. FUEL YOUR FUTURE.

PRESBYOPIA-CORRECTING LENSES

Presbyopia-correcting lenses help reduce the need for glasses at all distances. The options for presbyopia lenses include:

Trifocal lens

With a trifocal lens, you'll be able to see up close, far away, and at arm's length. It enhances your vision for clear, complete focus and can reduce your need to wear glasses.⁸

Extended vision lens

Extended vision lenses provide enhanced vision far away and at arm's length, as well as functional near vision.

MONOFOCAL LENS

A monofocal lens is a basic cataract replacement lens that helps reduce the need for glasses at far distances. And while you may be able to see with clarity far away, you will likely still need glasses to see up close and at arm's length. If you have astigmatism, you will likely need glasses at all distances.





Monofocal Lens Presbyopia-Correcting Lenses



















AVAILABLE IN TORIC ASTIGMATISM: CORRECTING TECHNOLOGY





SIMULATED IMAGES

Presbyopia-correcting and monofocal lenses come in toric versions. With a toric version, **you can correct astigmatism** while also maintaining all of the vision benefits of the lens.

BRIGHTER VIEW. BRIGHTER YOU.

You have a choice in what your future looks like. The cataract replacement lens you choose can have a big impact on what you can see—and what you can do.

YOUR VISION, YOUR CHOICE.

Whether it's reading, gardening, or driving, we rely on the quality and range of our vision every day.

Learning about what you see and do at certain distances can help you gain a better understanding of what you want to see in your future.

Lenses are available with astigmatism-correcting technology.



Monofocal Lens

The standard cataract replacement lens helps reduce the need for glasses at far distances. You will still need glasses for reading and other activities.

Presbyopia-Correcting Lenses

Trifocal lenses and extended vision lenses help reduce the need for glasses at all distances.

Talk to your doctor about which presbyopia-correcting lens is right for you.

TALK TO YOUR DOCTOR

If you have questions about cataracts, you're not alone. Share your questions about cataracts and your hopes for your vision with your doctor.

CATARACT SURGERY

- What are the basics of cataract surgery?
- What are my intraocular lens options?

GETTING READY

- How should I prepare for cataract surgery?
- Does my health insurance cover cataract surgery?

YOUR OPTIONS

- Which intraocular lens do you recommend for me?
- Will my lens correct my astigmatism?

LIFE AFTER CATARACT SURGERY

- What will my vision be like after cataract surgery?
- Will I still need glasses after surgery?



Cataract surgery is a once-in-a-lifetime opportunity that affects your every day. While cataract replacement lenses vary in price, many people feel that paying for an advanced-technology lens is a wise investment.

If you have a flexible spending account in your health plan, it's possible that you'll be able to pay for an advanced-technology lens using those pre-tax funds. Talk to your surgeon's office; they will work with your insurance provider to determine how much you will need to pay.

FIND OUT MORE

Ask your doctor about the full suite of Alcon cataract replacement lens offerings.













FREQUENTLY ASKED QUESTIONS

- How long does cataract surgery take?
- Cataract surgery is an outpatient procedure that is usually completed within 10 to 20 minutes.¹⁰
- How long does it take to recover from cataract surgery?
- Recovery time is based on the person and the case, but most people rest for a few hours after surgery. Your doctor may recommend that you wear a protective shield over your eye for several days.
- Can I drive after cataract surgery?
- A It's recommended that you don't drive for up to 24 hours after your cataract surgery, so you'll need to ask a friend or relative to drive you home.

- Can I fly after cataract surgery?
- Most people are able to fly within a few days, but you should ask your doctor at your follow-up visit if you are cleared to travel.
- Can I exercise after cataract surgery?
- A Generally, you should avoid strenuous activities for a few weeks after cataract surgery. Talk to your doctor if you have questions about certain activities.
- How long do cataract replacement lenses last?
- A IOLs are very durable and usually last a lifetime. 11 The lens you choose will make a big difference in your vision after surgery. By investing in your vision, you're investing in your future.

AcrySof® IQ Family of Lenses Important Product Information

CAUTION: Restricted by law to sale by or on the order of a physician.

DESCRIPTION: The AcrySof® IQ Family of Lenses are artificial lenses implanted in the eye of adult patients following cataract surgery. The AcrySof® IQ IOLs are designed to allow for clear distance vision. However, you will likely still need glasses for reading and for distance vision particularly if you already have astigmatism. The AcrySof® IQ Toric IOLs are designed to correct pre-existing corneal astigmatism, which is the inability of the eye to focus clearly at any distance because of difference curvatures on the cornea, and provide distance vision. The AcrySof® IQ ReSTOR® and AcrySof® IQ PanOptix® Trifocal Family of IOLs are types of multifocal lenses (sometimes called "presbyopia-correcting IOLs") designed to allow for clear distance, intermediate, and near vision with the potential to be more independent of the need to use glasses for daily tasks. The AcrySof® IQ ReSTOR® and AcrySof® IQ PanOptix® Trifocal Family includes the AcrySof® IQ ReSTOR® multifocal Toric and AcrySof® IQ PanOptix® Trifocal Toric IOLs which correct for astigmatism as well as cataracts. The AcrySof® IQ VivityTM Extended Vision IOLs provide clear distance vision, and better intermediate and some near vision compared to a monofocal IOL.

WARNINGS/PRECAUTIONS. You may experience and need to contact your eye doctor immediately if you have any of the following symptoms after cataract surgery: itching, redness, watering of your eye, sensitivity to light. The safety and effectiveness of these IOLs have not been established in patients with eye conditions, such as an increase in eye pressure (glaucoma) or complications of diabetes in the eye (diabetic retinopathy). As with any surgical procedure, there are risks involved. These risks may include but are not limited to infection, damage to the lining of the cornea, the retinal layer which lines the inside back wall of your eye may become separated from the tissue next to it (retinal detachment), inflammation or swelling inside or outside the eye, damage to the iris (the colored diaphraem around the pupil), or an increase in eye pressure that cannot (retinal detachment), inflammation or swelling inside or outside the eye, damage to the iris (the colored diaphragm around the pupil), or an increase in eye pressure that cannot be controlled by medicine and secondary surgical procedure. There is a possibility that the IOL may be placed incorrectly or could move within the eye. This may result in less improvement or a reduction in vision, or it may cause visual symptoms. AcrySof® IQ Toric IOLs, AcrySof® IQ ReSTOR® multifocal Toric IOLs, and AcrySof® IQ PanOptix® Trifocal Toric IOLs correct astigmatism only when placed in the correct position in the eye. There is a possibility that these Toric IOLs could be placed incorrectly or could move within the eye. This may result in less improvement or a reduction in vision because your astigmatism has not been fully corrected, or it may cause visual symptoms. With the AcrySof® IQ PanOptix® Trifocal IOLs, and AcrySof® IQ VivityTM Extended Vision IOLs there may be a loss of sharpness of your vision that may become worse in dim light or in fogey conditions. There is also a possibility that you may have some visual effects. lock there may be a loss of stap priess of your vision that may decline worse mourning it or in foggy conditions. There is also a possibility that you may have some visual effects such as rings or circles (halos) around lights at night. You may also have trouble seeing street signs due to bright lights or glare from oncoming headlights.

ATTENTION: As with any surgical procedure, there are risks involved. Prior to surgery, ask your eye doctor to provide you with the AcrySof® IQ Patient Information Brochure for the lens to be implanted. This Brochure which will inform you of the risks and benefits associated with the IOL. Discuss any questions about possible risks and benefits associated with your eye doctor.

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